

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CONFIDENCE. SECURITY. PROTECTION.

JUJITSU

Fall II session is from November 7th-December 19th 2016

Learn how to defend yourself with the "Gentle Art"

Jujitsu is the Japanese martial art of unarmed self defense. Learn practical and effective defensive skills in a safe and family-friendly environment.

COST for up to 18 classes: Jujitsu—One Day per week

FULL MEMBER \$77 per session **PROGRAM MEMBER** \$98 per session

Jujitsu—Two Days per week

FULL MEMBER \$110 per session **PROGRAM MEMBER** \$140 per session

WHEN

Monday 7:30pm-9:00pm **Saturday** 10:30am-12:30pm

LOCATION

Studio A with Howard Kee

BIO

Howard Kee holds a 5th degree black belt in Jujitsu and has practiced martial arts for over 20 years. Kee also holds black belts in Taihojitsu and Aikido.

See Membership Services to Register today!

*For more information please contact Kaleen.Harrison@ymcadc.org

TRY ONE WEEK OF CLASSES FOR FREE!

