

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

# CONFIDENCE SECURITY PROTECTION

# **JUJITSU**

Spring session is from May 4 – June 21, 2015
No classes on May 25th.

# Learn how to defend yourself with the "Gentle Art"

Jujitsu is the Japanese martial art of unarmed self defense. Learn practical and effective defensive skills in a safe and family-friendly environment.

# COST For up to 13 classes in the session

**FULL MEMBER** \$75 per session **PROGRAM MEMBER** \$100 per session

#### **WHEN**

**Monday** 7:30–9:00pm **Saturday** 10:30am–12:30pm

### LOCATION

Studio A with Howard Kee

#### BIO

Howard Kee holds a 5th degree black belt in Jujitsu and has practiced martial arts for over 20 years. Kee also holds black belts in Taihojitsu and Aikido.



TRY ONE WEEK OF CLASSES FOR FREE!