



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# CONFIDENCE SECURITY PROTECTION

## JUJITSU

**Spring session is from March 2 to May 3, 2015**

No classes on March 8th or May 2nd

**Learn how to defend yourself with the "Gentle Art"**

Jujitsu is the Japanese martial art of unarmed self defense. Learn practical and effective defensive skills in a safe and family-friendly environment.

**COST For up to 14 classes in the session**

**FULL MEMBER** \$90 per session

**PROGRAM MEMBER** \$115 per session

### WHEN

**Monday** 7:30-9:00pm

**Saturday** 10:30am-12:30pm

### LOCATION

Studio A with Howard Kee

### BIO

Howard Kee holds a 5th degree black belt in Jujitsu and has practiced martial arts for over 20 years. Kee also holds black belts in Taihojitsu and Aikido.



See Membership Services to Register today!

\*For more information please contact Karen Carroll at [Karen.Carroll@ymcadc.org](mailto:Karen.Carroll@ymcadc.org)

**TRY ONE WEEK OF CLASSES FOR FREE!**