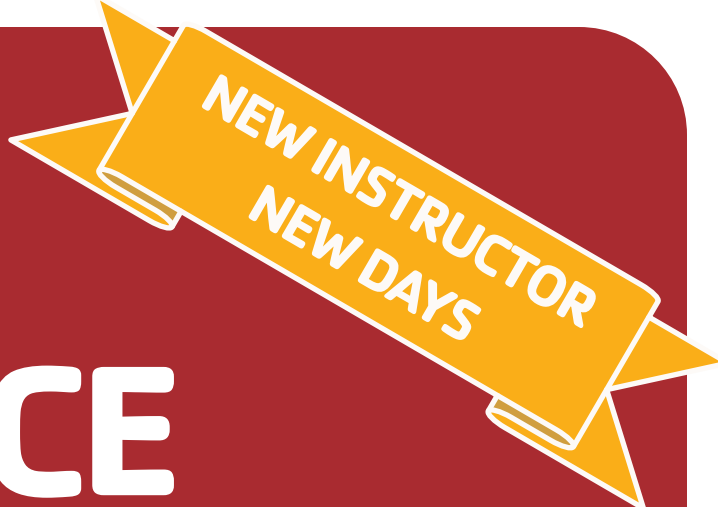




FOR YOUTH DEVELOPMENT[®]
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY



CONFIDENCE SECURITY PROTECTION

JUJITSU

Winter session is from January 5 to February 28, 2015

Learn how to defend yourself with the "Gentle Art"

Jujitsu is the Japanese martial art of unarmed self defense. Learn practical and effective defensive skills in a safe and family-friendly environment.

COST For up to 14 classes in the session

FULL MEMBER \$80 per session
PROGRAM MEMBER \$105 per session

WHEN

Monday 7:30-9:00pm
Saturday 10:30am-12:30pm

LOCATION

Studio A with Howard Kee

BIO

Howard Kee holds a 5th degree black belt in Jujitsu and has practiced martial arts for over 20 years. Kee also holds black belts in Taihojitsu and Aikido.



*For more information please contact Karen Carroll at Karen.Carroll@ymcadc.org

TRY ONE WEEK OF CLASSES FOR FREE!